

# PEP: Peer Educator Program PrEP: Professional Educator Program

## Gather & Grow in 2026

Let's come together in 2026 to grow in our knowledge of crucial topics and healthy eating.

### Schedule for PEP/PrEP

2<sup>nd</sup> and 4<sup>th</sup> Wednesday  
1 pm to 3 pm

2/25/26 - No PEP  
March 11th & 25th  
April 8th & 22nd  
May 13<sup>th</sup> & 27th  
June 10<sup>th</sup> & 24th

### Schedule for My Plate:

Healthy Eating  
1<sup>st</sup> and 3<sup>rd</sup> Wednesday  
1:30 pm to 3 pm

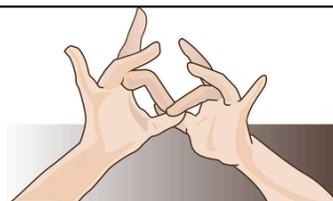
March 4th & 18th  
April 1<sup>st</sup> & 15<sup>th</sup>  
May 6<sup>th</sup> & 20<sup>th</sup>  
June 3<sup>rd</sup> and 17<sup>th</sup>

#### Topics requested:

DNR – Do not resuscitate  
Wills and Trust  
Medicare & Medical  
Finances, stocks, 401k, IRA, funds  
Scams (text, email, solar)  
Reporting scams to the FTC  
Document Shredding  
Provider vs Caregiver  
Emergency Preparedness  
Fall Prevention  
Self-defense for safety  
DMV: REAL ID  
Google search - what is true and false

Topics will be announced as speakers are scheduled. If you want to be on the email reminder list, contact Susan Coulter, Educational Services Coordinator at (559) 421-9792 or [susanc@dhsc.org](mailto:susanc@dhsc.org).

DHSC Fresno  
Headquarters  
5340 N. Fresno Street  
Fresno CA 93710



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**DHSC**

DEAF & HARD OF HEARING SERVICE CENTER