

PrEP

Professional Educator Program

Gather & Grow in 2026

Workshop on
“Preventing Falls”
with Charity Tokash from
Valley Caregiver Resource Center

- Learn about Valley Caregiver Resource Center
- What to do around the house to prevent falls
- Durable Medical Equipment that is helpful
- Exercises to strengthen muscles

Wednesday, March 11th
1 pm to 3 pm

Fresno Headquarters
5340 N. Fresno Street
Fresno CA 93710

For more information contact: Susan Coulter
Educational Services Coordinator
Contact: susanc@dhhs.org or (559) 421-9792

